

BBQ Cheeseburgers

Ingredients:

- **1 1/2 Lbs. CAB 85% Lean Ground Beef**
- **1/4 Cup Finely Chopped Onion**
- **Prepared Barbecue Sauce**
- **4 Slices (1oz. each) Cheddar or American Cheese**
- **4 Crusty Rolls, Split**
- **Romaine Lettuce**
- **Tomato Slices**

Preparation:

Combine ground beef and onion in a medium bowl, mixing lightly but thoroughly. Shape into four 3/4 inch thick patties. Place patties on grid over medium heat. Grill, uncovered, 13 to 15 minutes to medium doneness (internal temperature 160 °F), until not pink in center and juices show no pink color, turning occasionally. About 1 minute before burgers are done, brush with barbecue sauce; top with cheese. Line bottom half of each roll with lettuce and tomato; top with burger.

MAKES 4 TO 6 SERVINGS

