

Chicken, Green Beans and Dill Salad

Ingredients:

1 lb green beans, trimmed and cut
in half crosswise
2 lbs chicken breast tenders, grilled
1/2 C red radishes, sliced
1/2 C red onion, thinly sliced
1/2 C fresh dill, chopped
1/3 C bottled fat-free ranch dressing
2 Tbsp prepared white horseradish

Preparation:

Gently boil green beans in water to cover 7 to 8 minutes until just tender. Drain and cool under cold running water. While beans are cooking, mix dill, ranch dressing and horseradish in a serving bowl until blended. Stir in chicken, radishes, onion and cooled beans.

