

Pineapple Mint Salsa

Ingredients:

1 ripe sweet pineapple, peeled, cored and sliced
1/2 green jalapeño pepper, seeded and chopped
1 clove garlic, chopped
3 Tbsp. chopped mint leaves
3 Tbsp. chopped cilantro
1 pinch sugar
1/2 lemon, juice of
1/2 C. chopped red onion, to taste

Preparation:

Mix all ingredients together in a bowl. Cover and refrigerate until ready to serve.

